

TCNS Scholars Template 12-5-14

 <p>Sandra J. Mixer, PhD, RN, CTN-A Associate Professor of Nursing University of Tennessee College of Nursing 1200 Volunteer Blvd. Knoxville, TN 37996 865-974-9430 smixer@utk.edu</p>	<p>Expertise Areas:</p> <p><u>Transcultural Topics</u></p> <ul style="list-style-type: none"> • Underserved populations • End-of-life and culturally congruent care (CCC) • Teaching cultural competence and culturally congruent care in academic and practice settings • Culture care theory and Ethnonursing research <p><u>Cultural Groups</u></p> <ul style="list-style-type: none"> • Rural & urban Appalachians • Persons experiencing homelessness • Children & families • Culturally diverse nursing students and faculty in urban and rural settings <p><u>Clinical Topics</u></p> <ul style="list-style-type: none"> • End-of-life care; hospice • Community health: Caring for vulnerable populations in urban & rural Appalachia including persons experiencing homelessness • Nursing Administration <p><u>Research Methodology</u></p> <ul style="list-style-type: none"> • Qualitative - Ethnonursing • Mixed Methods • Translational research <p><u>Current Projects</u></p> <ul style="list-style-type: none"> • Community-academic partnership for end-of-life care in rural Appalachia (Funded) <p><u>Languages spoken, read/write*</u> English</p>	<p>Select Publications</p> <p>Strang, C., & Mixer, S. J. (2016). Discovery of the meanings, expressions, and practices related to malaria care among the Maasai. <i>Journal of Transcultural Nursing</i>, 27(4), 333-341. doi:10.1177/1043659615573841</p> <p>Mixer, S. J., Carson, E., McArthur, P. M., Abraham, C., Sylvia, K., Davidson, R., Sharp, D., Chadwick, J. (2015). Nurses in action: A response to culture care challenges in a pediatric acute care setting. <i>Journal of Pediatric Nursing</i>, 30, 896-907. doi:10.1016/j.pedn.2015.05.001</p> <p>Nash, W., Mixer, S. J., McArthur, P.M., & Mendola, A. (2015). Learning to encounter dying: Moral courage and the completion of advance directives with homeless persons. <i>Nursing Ethics</i>. Advance online publication. doi:10.1177/0969733015583926</p> <p>Embler, P., Mixer, S. J., & Gunther, M. (2015). End-of-life culture care practices among Yup'ik Eskimo. <i>Journal of Cultural Competence in Nursing and Healthcare</i>, 5(1), 36-49. doi:http://dx.doi.org/10.9730/ojccnh.org/v5n1a3</p> <p>Mixer, S. J., Fornehed, M. L., Varney, J., & Lindley, L. C. (2014). Culturally congruent end-of-life care for rural Appalachian people and their families. <i>Journal of Hospice and Palliative Nursing</i>, 16(8), 526-534 doi: 10.1097/NJH.0000000000000114</p> <p>Mixer, S. J. (2015). Application of culture care theory in teaching cultural competence and culturally congruent care. In M. R. McFarland & H. Webhe-Alamha (Eds.) <i>Culture care diversity and universality theory and ethnonursing research method</i> (3rd ed.). (pp. 369-387). New York, NY: Jones & Bartlett.</p>
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1. What Sparked my Interest in Transcultural Nursing

Dr. Marilyn McFarland and I began teaching together in 1996. As we taught students transcultural nursing and using the culture care theory, Marilyn mentored me. Dr. Leininger mentored me through a course and critiquing my work. Over the years, Marilyn and I have worked together on grants, publications, teaching, and research together. Mentoring is the key! Dr. Leininger mentored her and she mentored me and now I mentor others. So many other TCN experts, colleagues, students, and patients and families have and continue to teach me so much. It has been the journey of a lifetime – truly my life's work; my calling.

2. Present/Future Directions

My scholarship uses the framework of culture care to improve the health of vulnerable persons by enhancing quality of life and fostering dignified death. The framework of culture care promotes culturally congruent care (CCC) that incorporates peoples' values, beliefs, and practices. It is defined as care that is satisfying, meaningful, fits with people's daily lives, promotes health and wellbeing, and helps people face disability or death (Leininger, 2006). The culture care framework also is used in research that aims to facilitate cultural competence in healthcare professionals. My research addresses national priorities of the National Institutes of Health (NIH) and those found in the Institute of Medicine's report, *Dying in America*.

- My current three-year, funded project aims to create a community-academic partnership with rural Appalachian church and community leaders and residents to increase families' knowledge about and use of end-of-life care services. The goal is to serve individuals and families with end-of-life care education to contribute to their quality of life and help foster dignified death.
- Through another community-academic-practice partnership, we are combining caring expertise among a community agency that serves persons experiencing homelessness (PEH), hospital bioethicist, university bioethicist, and faculty and BSN students to provide advance directives (AD) workshop. Students learn how and then meet with individual PEH to assist them in completing an AD.

3. Favorite Transcultural Story (May insert a picture in addition to text)