



Carol O. Long,
PhD, RN, FPCN, FAAN
Principal
Capstone Healthcare
Phoenix, Arizona 85044

Adjunct Faculty
Arizona State University
College of Nursing and
Health Innovation
Phoenix, Arizona 85004

Visiting Professor
Chamberlain College of
Nursing

Contact Information:
E-mail: carollong@cox.net or
carollongphd@gmail.com
Phone: (480) 893-3685
LinkedIn:
[www.linkedin.com/pub/carol-
o-long-phd-rn-fpcn-
faan/6/b3/279/](http://www.linkedin.com/pub/carol-o-long-phd-rn-fpcn-faan/6/b3/279/)

Expertise Areas:
Transcultural Topics

- Global health
- Cultural competence training in community-based settings
- Internationally educated nurses
- International palliative Care

Cultural Groups

- Asian
- Middle Eastern

Clinical Topics

- Palliative care
- End-of-life care
- Dementia care
- Community-based nursing
- Home health care

Research Methodology

- Qualitative
- Quantitative
- Instrument design
- Longitudinal research

Languages spoken,
read/write

- English

Select Publications:

Journal Articles

Nakanishi, M., Okumura, Y., Miyamoto, Y., Long, C. O., & Arcand, M. (2014, under review). The Japanese comfort care booklet about palliative care for dementia in nursing homes. *Submitted to International Journal of Palliative Nursing.*

Paice, J. A., Erickson-Hurt, C., Ferrell, B., Coyle, N., Coyne, P. J., Long, C. O., Mazanec, P., Malloy, P., Smith, T.S. (2011). Providing pain and palliative care education internationally. *Journal of Supportive Oncology*, 9(4), 129-133.

Long, C. O. (2011). Cultural and spiritual considerations in palliative care. *Journal of Pediatric Hematology/Oncology*, 33(Supp.2), S96-101.

Long, C. O. (2011). Ten best practices to enhance culturally competent communication in palliative care. *Journal of Pediatric Hematology/Oncology*, 33(Supp. 2), S136-S139.

Book Chapters

Long, C. O. (2015, in press) Communication in the nursing home. In Wittenberg-Lyles, E., Ferrell, B., Goldsmith, J., Smith, T., Ragan, S., Glajchen, M., Handro, G. *Textbook of Palliative Care Communication*, Chapter 43; Oxford University Press.

Long, C. O., Brown, C., Murphy-Ende, K., Newton, S., Glennon, C., Hankle, K. S., & Lubejko, B (2014). Involvement of the Oncology Nursing Society (ONS) in palliative care and educational programs in the Middle East. In M. Silbermann (Ed.), *Palliative care for the cancer patient: the Middle East as a model for emerging countries* (pp – 245-255). Hauppauge, NY: Nova.

1. What Sparked my Interest in Transcultural Nursing

My interest in transcultural nursing was fueled by my desire to learn more about the cultures of the world, my interest in traveling, and my aspiration to provide education, conduct research, and improve the status of nursing and care of older adults abroad. As such, I have been actively engaged in learning and applying research findings and theory in my international work, largely in the areas of palliative and end-of-life care, successful aging, pain management and advanced dementia care. For me, I was fortunate to meet Dr. Leininger for the first time in Manila, Philippines at the annual meeting of the Philippine Nurses Association of America and Philippine Nurses Association. It was January, 2004. She spoke of her journey in transcultural nursing and I learned very quickly that knowledge, compassion, caring and holistic care were essential skills necessary for all nurses. From there my journey escalated to a group of us forming the Arizona Chapter of the Transcultural Nursing Society.

2. Present/Future Directions

My initial and continuing work centers on the delivery of culturally congruent quality palliative care practice and the care of older adults in select Asian, Middle-Eastern, Latin American countries, Australia and the US. One of my efforts in the adaptation of my instrument Questionnaire of Palliative Care for Advanced Dementia (qPAD) which continues to be tested and included in palliative care research across numerous countries. As I continue to build my consulting practice here and abroad in these areas, it is essential to incorporate essential elements of culture in all aspects of palliative care; in my writing, grants and providing education to others.

3. Favorite Transcultural Story

I have many favorite transcultural nursing stories! They all center on the deep and profound relationships that I have developed with nursing colleagues around the world, joined together to advance evidence-based nursing care that addresses the individual and collective society. To me, there is nothing more special than to be invited into a group or colleagues world as ‘one of them’. I am humbled by the extensive network of nurses internationally who have advanced transcultural and palliative care nursing.



ทำบุญ บจจาก ร้บจอง

This picture is with the chief hospital administrator, Chief of Medicine and nursing staff at Priest Hospital, Bangkok, Thailand. Priest Hospital was established in 1949 to care for ailing Buddhist monks and novices. Up to this day, the hospital still cares for monks, as well as conducting medical research and providing a support system for medical care of the monastic order throughout Thailand.