Expertise Areas:

Transcultural Topics
- Education in Transcultural Nursing and Healthcare in large metropolitan Department of Health Services
- Cultural competence with healthcare staff
- Diversity education in the healthcare workforce
- Curriculum design with focus on transcultural nursing and healthcare in a healthcare delivery system

Cultural Groups
- Hispanics
- Diverse cultural groups

Clinical Topics
- Aids and HIV from Latina perspective
- Physical assessment from transcultural perspective
- Healthcare beliefs of various ethnic groups
- Cultural mentorship
- Cultural perspective of the disabled

Research Methodology
- Quantitative
- Qualitative
- Translational

Other
- Educational and advisory roles in Hispanic countries
- Nursing theory

Languages spoken, read/write*
- English*
- Spanish*
1. What Sparked my Interest in Transcultural Nursing

   My twin sister read an article from *Nurse and Health Care* in 1989 by Dr. Madeleine Leininger. After reading the article myself coupled with my experiences teaching in Mexico and Venezuela and with my own cultural background, I knew this was my life’s work and journey as a Certified Transcultural Nurse.

2. Present/Future Directions

   Cultural competence training/education is paramount in this millennium, as diversity will continue to be reflected in U.S. demographics. To prepare healthcare workers, professionals, and providers to treat multicultural patients, medical and nursing curriculums, healthcare organizations, and agencies must provide the education and continued self-growth in cultural competence.

3. Favorite Transcultural Story

   I taught a conversational medical Spanish class for physicians, and when all sessions were completed, a doctor stated to me, “I can always learn to speak Spanish, but what you told me about the Hispanic culture, I will remember the rest of my life.” It was a moment I will never forget for the impact one can have on another by imparting culture in all dimensions.