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Expertise Areas

Transcultural Topics

- Cultural competence training
- Integration of transcultural nursing in nursing education: academia and staff development
 - Curriculum planning, design, implementation, and evaluation
 - Application of TCN theories and models in nursing education, practice, and administration
 - Mentoring, partnerships, collaboration

Cultural Groups

- Filipinos
- Vietnamese
- Mexicans
- Chinese

Clinical Topics

- Adult health
- Community health
- Global health
- Health disparities
- Alternative therapies

Research Methodology

- Case study
- Phenomenology
- Ethnonursing method

Languages spoken, read/write

- English
- Pilipino
- Dialect, Tagalog
- Dialect, Bicol

Select Publications

Books

Sagar, P. L.
(2014). *Transcultural nursing education strategies*. New York, NY: Springer.

Sagar, P. L. (2012). *Transcultural nursing theory and models: Application in nursing education, practice, and administration*. New York, NY: Springer.

Book Chapters

Sagar, P. L. (2015). Transcultural nursing certification: Its role in nursing education, practice, administration, and research. In M. M. McFarland & H. Wehbe-Alamah, *Leininger's Culture care diversity and universality: A worldwide nursing theory*, (3rd ed., pp. 579-600). Boston, MA: Jones & Bartlett.

Sagar, P. L. (in progress). Culture care theory: A trailblazing theory. In M. M. McFarland & H. Wehbe-Alamah, *Leininger's Transcultural nursing: Concepts, theories, and practice* (4th ed.). New York, NY: McGraw-Hill.

Journal Articles

Sagar, P. L. (in-press). Nurses leading fight against Ebola virus disease. *Journal of Transcultural Nursing*.

1. What Sparked my Interest in Transcultural Nursing

As a foreign educated nurse, I had firsthand experience in the challenging and painful process of acculturation. Early in my career in the United States in the 1980s---as I provided care for diverse patients and worked with equally diverse nurses and inter-professional colleagues---I had hoped to find some guidelines, and standards to follow in providing culturally meaningful care and working effectively with others. At the time, I myself was navigating my old and new culture. I was also searching for my niche in nursing. There was no separate transcultural nursing (TCN) when I pursued and completed the MS in Adult Health Nursing. Listening to Dr. Madeleine Leininger's presentation in 1999 gave me a 'spark' to pursue TCN as my specialty in nursing. I applied for membership in the Transcultural Nursing Society (TCNS) and later prepared for certification in transcultural nursing (CTN).

2. Present/Future Directions

I am continuing my work in applying TCN theories and models in nursing practice, education, administration, and research. I will keep on mentoring students, faculty, and colleagues in TCN. Transcultural Healthcare, the undergraduate course I had developed will be offered for the first time for nursing and allied health students in spring 2015. While this was developed along with a Transcultural Nursing master's course in 2005, this was not approved as an undergraduate TCN elective course until 2013. It is my hope that this will eventually be a required course in the baccalaureate program at MSMC.

In the near future, I will be working on the revision of my 2012 and 2014 books. I am also hoping to write and edit a book of literary works in TCN comprised of poems, short stories, and essays along with their application in nursing education, both in academia and staff development. I also plan to conduct a study utilizing the ethnonursing method.

I would like to further help Vietnamese nurses advance the nursing profession in Vietnam. This coming December 27, 2014 to January 10, 2015, I will be assisting and guiding nursing faculty at the Hue University of Medicine and Pharmacy to start an MS in Nursing program. This project was launched by the Health Volunteers Overseas (HVO) and sponsored by the American Association of Colleges of Nursing (AACN). While it will be my first time in Hue, I had been to Ho Chi Minh City twice in 1997 as a doctoral student at Teachers College, Columbia University. I participated in the Vietnamese Nurses Association convention; taught a two-week course for nurse faculty and administrators; and pursued my dissertation *The Lived Experience of Vietnamese Nurses: A Case Study*.

3. Favorite Transcultural Story

My favorite transcultural story entails my first meeting and opportunity to attend a presentation by Dr. Leininger in 1999 at the International Council of Nursing (ICN) convention in London, England. I had read about Leininger's Culture Care Theory and Sunrise Model years before but her theory and model never came as alive before as it did on that day. I have been so inspired by Dr. Leininger's six decades of work in TCN. Since then, I firmly believe that I not only found my niche in TCN but also gained a mentor and an inspiration. As a transcultural scholar, I could continue spearheading the application of the CCT and other TCN theories and models for better patient outcomes.