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Professor Emerita Nursing,
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Retired

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Expertise Areas:

Transcultural Topics

- Biocultural Basis of Health
- Whole Community Studies
- Transdisciplinary
- Ethnopsychiatry
- Structural Violence

Cultural Groups

- Hispanic
- Southwest Native American
- Maya
- Mainland Chinese (Mental Illness)
- Incarcerated People

Clinical Topics

- Psychiatry
- Community Health
- Forensic
- Correctional Health
- International Nursing

Research Methodology

- Ethnography
- Participatory Action Research
- Transdisciplinary

Languages spoken, read/write*

- English*
- Spanish*
- French
- Danish

Select Publications

Books

Glittenberg, J. (2014). *Land, Love, Life: An historical epic novel. USA:* www.wordswithamission.

Glittenberg, J. (2008). *Violence and Hope in a US Border Town.* Prospect Heights, IL Waveland Press.

Moore, L., VanArsdale, P., Glittenberg, J. Alderich, R. (1980, 1987). *Biocultural Basis of Health.* St. Louis, MO: C.V Mosby & Waveland Press.

Glittenberg, J. (1994). *To the Mountain and Back.* Prospect Heights, IL: Waveland Press.

Journal Article

Glittenberg, J. (2004). A transdisciplinary, transcultural model for health care. *Journal of Transcultural Nursing, 15*(1), 6-10.

1. What Sparked my Interest in Transcultural Nursing

I grew up in a tri-cultural rural family in which three languages were spoken: English, German, and Danish. Interacting with those groups seemed a natural experience for me. As a child, I heard stories of early emigrants to the New World, and how, as a first priority, they had to overcome language barriers. Throughout my life, each cultural group continued to retain many of its treasured cultural beliefs and rules. I learned early to assimilate these differences and adapt them into my own generational values. In 1950, my roommate in nursing school was a Black American which exposed me to my first experience with in seeing racism & prejudice. I learned how to scout out where she and I COULD eat or even travel by bus. This was my first real impression of cultural bias, which sparked my desired to learn more.

2. Present/Future Directions

As a Professor Emerita I am fully engaged in two goals: 1) to serve as a mentor to aspiring transcultural nurses and the general nursing population; and 2) to become more politically active on various public boards involving care aspects of the mentally ill in jails and prisons. For the future, I want to continue writing stories for trade books and magazines about the cultures of valiant and courageous diverse people. I want to encourage other transcultural nurses to do the same as a way of instructing and mobilizing a more culturally sensitive country and world.

3. Favorite Transcultural Story

As a young, stay-at-home mom with two little kids, teaching piano to about 25 students and making about \$40 a month, I attended a lecture by Madeleine Leininger at the University of Colorado University School of Nursing. After she presented her paper on anthropology and nursing to about 500 people, my question, “What could *nursing* bring to *anthropology*?” made an impression on her and she sought me as “the person who asked that brilliant question!” This was followed by an invitation to dinner at her home the day after. Our dinner affirmed Madeleine’s generosity and piano playing.

A week later, she called to offer me a *Career Teacher Award* involving a year of study under her and a stipend of \$500 a month! I began a lifelong study under our Founder. Madeleine left the University of Colorado shortly after to become the Dean of Nursing at the University of Washington. I went on to obtain a PhD in Cultural Anthropology in 1976 from the University of Colorado. My studies were different from those espoused by Madeleine, so we did not always agree on various topics of transcultural nursing, but we remained friends. Madeleine was the most generous mentor-friend, who sought to build the science and practice of transcultural nursing. I was extremely fortunate for her mentorship and encouragement.